

# Companions on the Inner Way

March 1-6, 2020 | Serra Retreat Center | Malibu



**ENUMA OKORO**, is a writer, speaker and corporate communications consultant. She is an award-winning author of both fiction and non-fiction books.

Ms. Okoro has a professional background in Communications, Psychology, Public Speaking and Theology. In between consultancy projects she employs her uniquely diverse global and cultural experience to write and speak on numerous issue and topics based off four key areas:

- Identity & Belonging
- Transformative Power of Narrative
- Importance of Shared Narrative
- Spiritual Formation

Enuma was enthusiastically received as our speaker in August 2015 at Companions in Tahoe and we are delighted to have her with us again.

**Theme:** **T**elling the Tales: The Power of Story and Narrative for Personal and Social Transformation.

## Description:

We live in a time where issues of identity and belonging are points of both public and private controversy and debate, and determine the outcomes of the lives of millions of people. It is essential to know the role that stories and narratives play in our perceptions and in our actions in the world. But this begins by acknowledging and owning our own stories and working narratives. Understanding the power of stories and narratives is a matter of us living well in the world together, and effecting transformative change for our local and global communities. This retreat will focus on the power of story and narrative and learning to tell ours for the benefit of personal and social transformation.

## Format:

Each day includes lecture and dialogue with Enuma Okoro; small group community around spiritual reading; corporate and individual times of silence and contemplation; worship with Eucharist; and communing with God through movement, art, and nature.

## Location:

Serra Retreat Center, Malibu, California. Visit: [www.serraretreat.com](http://www.serraretreat.com)

## Cost:

- \$795 per person, shared accommodation
- \$995 per person, single accommodation, pending availability
- Work scholarships (\$200) are available on a first-come basis (shared rooms only)
- Diversity (PoC) scholarships (\$500) are available
- A \$300 non-refundable deposit is due upon registration

**Sign-up:** [www.cotivay.org](http://www.cotivay.org) / 510.484.3078 / [companions@seventhavenuechurch.org](mailto:companions@seventhavenuechurch.org)